providing an electrical current source;

- providing a coil creating a magnetic field by using said electrical current source to cause a current flow through said coil;
- placing an appendage of said person in said magnetic such that an appendage placed within said aperture is exposed to a magnetic field of approximately 3% to 5% of the field produced by a Magnetic Resonance Imaging device; and
- exposing said person's appendage to said magnetic field continuously for a period of time greater than 15 minutes.
- 19. The method of claim 18 wherein said magnetic field is a direct current magnetic field.
- **20**. The method of claim 18 wherein said magnetic field is a continuous unipolar magnetic field modulated with a time-varying pulsating magnetic field component.

- 21. The method of claim 20 wherein said time-varying pulsating magnetic field component has a rate of at least 100 pulses per second.
- 22. The method of claim 21 wherein said time-varying pulsating magnetic field component has a rate of no greater than 140 pulses per second.
- 23. The method of claim 18 wherein said period of time is greater than. 30 minutes.
- **24**. The method of claim 20 wherein said period of time is greater than 30 minutes.
- 25. The method of claim 22 wherein said period of time is greater than 30 minutes.
- **26**. The method of claim 18 wherein said period of time is greater than 45 minutes.
- 27. The method of claim 20 wherein said period of time is greater than 45 minutes.
- **28**. The method of claim 22 wherein said period of time is greater than 45 minutes.

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